# Trekking/Trekking Total Knee Investigation

Note: This analysis compares the Trekking/Trekking femoral/tibial combination with all other total knee prostheses.

This combination has been identified as having a significantly higher rate of revision. For a detailed explanation of the process used by the Registry that results in identification of prostheses that have a higher than anticipated rate of revision please refer to the Prostheses with Higher than Anticipated Rates of Revision chapter of the most recent AOANJRR Annual Report, https://aoanjrr.sahmri.com/annual-reports-2025.

Note: Procedures using prostheses with no recorded use in 2024 are excluded from the comparator.

#### TABLE 1

## **Revision Rate of Primary Total Knee Replacement**

The revision rate of the Trekking/Trekking total knee combination is compared to all other total knee prostheses.

Table 1: Revision Rates of Primary Total Knee Replacement

Component	N Revised	N Total	Obs. Years	Revisions/100 Obs. Yrs (95% CI)
Trekking/Trekking	78	1304	10358	0.75 (0.60, 0.94)
Other Total Knee	24629	719757	4525181	0.54 (0.54, 0.55)
TOTAL	24707	721061	4535539	0.54 (0.54, 0.55)

# Yearly Cumulative Percent Revision of Primary Total Knee Replacement

The yearly cumulative percent revision of the Trekking/Trekking total knee combination is compared to all other total knee prostheses.

Table 2: Yearly Cumulative Percent Revision (95% CI) of Primary Total Knee Replacement

Table 2: Yearly Cumula	ative Percent	: Revision (9	5% CI) of Pr	imary Lotal	Knee Repla	cement		
CPR	1 Yr	2 Yrs	3 Yrs	4 Yrs	5 Yrs	6 Yrs	7 Yrs	8 Yrs
Trekking/Trekking	2.2 (1.6, 3.2)	3.3 (2.5, 4.5)	4.1 (3.1, 5.3)	4.7 (3.7, 6.0)	5.0 (3.9, 6.3)	5.8 (4.6, 7.3)	6.1 (4.9, 7.6)	6.1 (4.9, 7.6)
Other Total Knee	1.0 (1.0, 1.0)	1.8 (1.8, 1.9)	2.4 (2.4, 2.4)	2.8 (2.8, 2.8)	3.1 (3.1, 3.2)	3.5 (3.4, 3.5)	3.8 (3.7, 3.8)	4.1 (4.0, 4.1)
CPR	9 Yrs	10 Yrs	11 Yrs	12 Yrs	13 Yrs	14 Yrs	15 Yrs	16 Yrs
Trekking/Trekking	6.3 (5.0, 7.9)	6.3 (5.0, 7.9)	6.9 (5.4, 8.6)	6.9 (5.4, 8.6)	6.9 (5.4, 8.6)			
Other Total Knee	4.4 (4.3, 4.5)	4.7 (4.7, 4.8)	5.1 (5.0, 5.1)	5.4 (5.3, 5.5)	5.7 (5.6, 5.8)	6.0 (5.9, 6.1)	6.4 (6.3, 6.5)	6.8 (6.7, 7.0)
CPR	17 Yrs	18 Yrs	19 Yr	s 20`	Yrs 2	1 Yrs	22 Yrs	23 Yrs
Trekking/Trekking								
Other Total Knee	7.3 (7.1, 7.4	1) 7.6 (7.4,	7.8) 7.9 (7.7	7, 8.1) 8.1 (7	7.9, 8.3) 8.4	1 (8.1, 8.6)	8.5 (8.2, 8.8)	8.6 (8.3, 8.9)

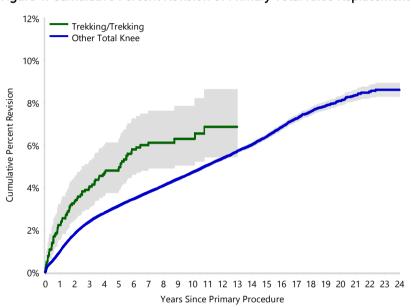
### FIGURE 1

### Yearly Cumulative Percent Revision of Primary Total Knee Replacement

The yearly cumulative percent revision of the Trekking/Trekking total knee combination is compared to all other total knee prostheses. In addition, hazard ratios are reported.

Hazard ratios are reported for specific time periods during which the hazard ratio is constant. This is done to enable more specific and valid comparisons of the risk of revision over time. The pattern of variation in risk has important implications with respect to the underlying reasons for any difference.

Figure 1: Cumulative Percent Revision of Primary Total Knee Replacement



HR - adjusted for age and gender

Trekking/Trekking vs Other Total Knee
0 - 1.5Yr: HR=1.90 (95% CI 1.37, 2.63), p<0.001
1.5Yr+: HR=1.16 (95% CI 0.86, 1.57), p=0.332

Number at Risk	0 Yr	1 Yr	2 Yrs	3 Yrs	4 Yrs	5 Yrs	6 Yrs	7 Yrs	8 Yrs	9 Yrs	10 Yrs	11 Yrs
Trekking/Trekking	1304	1256	1223	1191	1146	1078	970	818	604	482	383	279
Other Total Knee	719757	639472	560812	497001	434179	379136	325305	275662	230873	190692	154199	123589
Number at Risk	12 Yrs	13 Yrs	14 Yrs	15 Yrs	16 Yrs	17 Yrs	18 Yrs	19 Yrs	20 Yrs	21 Yrs	22 Yrs	23 Yrs
Trekking/Trekking	189	96	24	0	0	0	0	0	0	0	0	0
Other Total Knee	97799	75125	56525	41508	30003	21223	14967	10421	6807	4051	2359	1090

## Primary Diagnosis for Revised Primary Total Knee Replacement

This table identifies the diagnosis of the primary procedure which was subsequently revised. This information is provided as there is a variation on outcome depending on the primary diagnosis. It is therefore important when considering the reasons for a higher than anticipated rate of revision that there is identification of the primary diagnosis. This information should be compared to the primary diagnosis for the revisions of all other total knee prostheses.

Table 3: Primary Diagnosis for Revised Primary Total Knee Replacement

	Trekking	/Trekking	Other To	tal Knee
Primary Diagnosis	Number	Percent	Number	Percent
Osteoarthritis	75	96.2	23815	96.7
Rheumatoid Arthritis			301	1.2
Tumour			192	0.8
Other Inflammatory Arthritis	3	3.8	155	0.6
Osteonecrosis			90	0.4
Fracture			50	0.2
Other			25	0.1
Chondrocalcinosis			1	0.0
TOTAL	78	100.0	24629	100.0

#### Reasons for Revision

This is reported in two ways: a percentage of primary procedures revised and as a percentage of all revision procedures.

**% Primaries Revised:** This shows the proportional contribution of each revision diagnosis as a percentage of the total number of primary procedures. This percentage can be used to approximate the risk of being revised for that diagnosis. Differing percentages between groups, with the same distribution of follow up time, may identify problems of concern.

**% Revisions:** The number of revisions for each diagnosis is expressed as a percentage of the total number of revisions. This shows the distribution of reasons for revision within a group but cannot be used as a comparison between groups.

Table 4: Primary Total Knee Replacement - Reason for Revision (Follow-up Limited to 14.5 Years)

		Trekking/Trekking			Other Total Knee	
Revision Diagnosis	Number	% Primaries Revised	% Revisions	Number	% Primaries Revised	% Revisions
Infection	18	1.4	23.1	6996	1.0	29.0
Loosening	29	2.2	37.2	5091	0.7	21.1
Instability	7	0.5	9.0	2492	0.3	10.3
Patella Erosion	4	0.3	5.1	1747	0.2	7.2
Pain	1	0.1	1.3	1734	0.2	7.2
Patellofemoral Pain	4	0.3	5.1	1458	0.2	6.0
Arthrofibrosis	4	0.3	5.1	1043	0.1	4.3
Fracture	4	0.3	5.1	964	0.1	4.0
Malalignment				487	0.1	2.0
Wear Tibial Insert	1	0.1	1.3	288	0.0	1.2
Lysis	1	0.1	1.3	247	0.0	1.0
Incorrect Sizing	2	0.2	2.6	207	0.0	0.9
Implant Breakage Tibial Insert	1	0.1	1.3	179	0.0	0.7
Patella Maltracking				174	0.0	0.7
Bearing Dislocation				140	0.0	0.6
Implant Breakage Patella				131	0.0	0.5
Metal Related Pathology				99	0.0	0.4
Prosthesis Dislocation				70	0.0	0.3
Synovitis				59	0.0	0.2
Osteonecrosis	1	0.1	1.3	45	0.0	0.2
Implant Breakage Femoral				40	0.0	0.2
Wear Patella				39	0.0	0.2
Implant Breakage Tibial				34	0.0	0.1
Tumour				30	0.0	0.1
Heterotopic Bone				13	0.0	0.1
Progression Of Disease				7	0.0	0.0
Wear Tibial				5	0.0	0.0
Incorrect Side				1	0.0	0.0
Patella Dislocation				1	0.0	0.0
Wear Femoral				1	0.0	0.0
Other	1	0.1	1.3	293	0.0	1.2
N Revision	78	6.0	100.0	24115	3.4	100.0
N Primary	1304			719757		

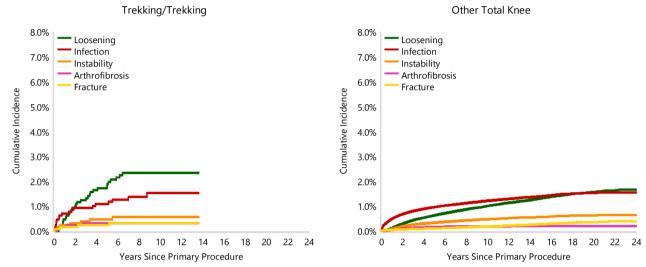
Note: This table is restricted to revisions within 14.5 years for all groups to allow a time-matched comparison of revisions.

### FIGURE 2

## Cumulative Incidence Revision Diagnosis of Primary Total Knee Replacement

This figure details the cumulative incidence of the most common reasons for revision. The five most common reasons for revision are included as long as each of these reasons account for more than 10 procedures or at least 5% of all revisions for the Trekking/Trekking total knee combination. A comparative graph is provided of the cumulative incidence for the same reasons for revisions for all other total knee prostheses.

Figure 2: Cumulative Incidence Revision Diagnosis for Primary Total Knee Replacement



## Type of Revision Performed for Primary Total Knee Replacement

This analysis identifies the components used in the revision of the Trekking/Trekking total knee combination and compares it to the components used in the revision of all other total knee prostheses.

The reason this analysis is undertaken is to identify whether there is one or more components which are being replaced that differ from the components replaced for revisions of all other total knee prostheses i.e. is there a difference in the type of revision undertaken for the Trekking/Trekking total knee combination compared to all other total knee prostheses.

Table 5: Primary Total Knee Replacement - Type of Revision (Follow-up Limited to 14.5 Years)

	Trekking	/Trekking		otal Knee
Type of Revision	Number	Percent	Number	Percent
TKR (Tibial/Femoral)	35	44.9	5675	23.5
Tibial Component	3	3.8	1789	7.4
Femoral Component	7	9.0	1171	4.9
Cement Spacer	4	5.1	1063	4.4
Removal of Prostheses	1	1.3	122	0.5
Total Femoral			21	0.1
Reinsertion of Components			7	0.0
N Major	50	64.1	9848	40.8
Insert Only	13	16.7	7563	31.4
Patella Only	10	12.8	4104	17.0
Insert/Patella	5	6.4	2530	10.5
Minor Components			62	0.3
Cement Only			8	0.0
N Minor	28	35.9	14267	59.2
TOTAL	78	100.0	24115	100.0

Note: This table is restricted to revisions within 14.5 years for all groups to allow a time-matched comparison of revisions. Note: Prostheses no longer used in 2024 are excluded from the comparator.

## Revision Rates of Trekking/Trekking Primary Total Knee Replacement by Fixation

This analysis is provided as some prostheses have more than one fixation option. Additionally there are prostheses where an alternative to the recommended approach to fixation was used e.g. a cementless prosthesis that has been cemented or vice-versa.

Table 6: Revised Number of Trekking/Trekking Primary Total Knee Replacement by Fixation

Fixation	N Revised	N Total
Cemented	32	429
Cementless	22	311
Hybrid (Tibial Cemented)	23	559
Hybrid (Tibial Cementless)	1	5
TOTAL	78	1304

### **TABLE 7**

### Revision Rates of Trekking/Trekking Primary Total Knee Replacement by Bearing Surface

This analysis is provided as some prostheses are combined with a variety of bearing surfaces. All bearing surfaces used with this combination are listed.

Table 7: Revised Number of Trekking/Trekking Primary Total Knee Replacement by Bearing Surface

Bearing Surface	N Revised	N Total
Non XLPE	74	1232
XLPE + Antioxidant	4	72
TOTAL	78	1304

# Revision Rates of Trekking/Trekking Primary Total Knee Replacement by Bearing Mobility

This analysis is provided as some prostheses are combined with a variety of bearing mobilities. All bearing mobilities used with this combination are listed.

Table 8: Revised Number of Trekking/Trekking Primary Total Knee Replacement by Bearing Mobility

Bearing Mobility	N Revised	N Total
Fixed	19	514
Rotating	59	790
TOTAL	78	1304

### TABLE 9

# Revision Rates of Trekking/Trekking Primary Total Knee Replacement by Stability

This analysis is provided as some prostheses are combined with a variety of stabilities. All stabilities used with this combination are listed.

Table 9: Revised Number of Trekking/Trekking Primary Total Knee Replacement by Stability

Stability	N Revised	N Total
Minimally Stabilised	39	839
Posterior Stabilised	39	465
TOTAL	78	1304

## Number of Revisions of Trekking/Trekking Primary Total Knee Replacement by Year of Implant

This analysis details the number of prostheses reported each year to the Registry for the Trekking/Trekking total knee combination. It also provides the subsequent number of revisions of the primaries reported in that year.

Primary procedures performed in later years have had less follow up time therefore the number revised is expected to be less than the number revised in earlier years. For example, a primary procedure performed in 2024 has a maximum of one year to be revised, whereas a primary procedure performed in 2022 has a maximum of three years to be revised.

Table 10: Number of Revisions of Trekking/Trekking Primary Total Knee Replacement by Year of Implant

Year of Implant	Number Revised	Total Number
2010	5	35
2011	7	102
2012	12	133
2013	7	107
2014	4	108
2015	3	106
2016	9	129
2017	10	216
2018	7	143
2019	8	100
2020	4	65
2021	0	20
2022	2	18
2023	0	10
2024	0	12
TOTAL	78	1304